

ENGGÅRDEN

Fountain-Farm Enggaarden



Do you have mental problems
and would like a meaningful day
to day life – where your choices
and influence create content in
your life?

The Daily Life at Enggaarden:

You decide yourself, which unit you would like to work in – and how often / how many days each week.

There is no registration or psychiatric treatment at all!

The farm has four units; you can choose between or combine.

The farm unit:

Here we work with different kinds of animals: pigs and sheep. We also grow different kinds of vegetables and flowers. All of what we produce, - we use ourselves and we are more or less self-sufficient. We also maintain everything at the farm and build new constructions ourselves.



The Kitchen unit:

Here we make food every day of our own produce: meat and vegetables. We make plans about what to eat on which day, make accounts and order different kinds of products. We also bake a lot and make lovely food for our many parties and celebrations.



The office unit:

We make a newspaper for the farm, reports, agenda for the different meetings, accounts, pay the bills, make the website, update Facebook, answer the phone, make phone lists, different kinds of lists, birthday cards, make budgets, translate different kinds of paperwork. We make brochures, write letters, invitations, menus, and so on.

The Creative Unit:

Here there is opportunity for expressing yourself through different kinds of Art. It can for example be: Painting pictures as we do now. But it can also be through creating many other forms of Art.



Other possibilities:

We also have groups: where you can sew, join sport activities: yoga, swimming, badminton, bodybuilding and walks in the countryside. We also arrange social tours like: fishing trips, bicycle rides, cottage trips and make a fire in the summer evenings.







Community:

We can also offer you a place to stay at Enggaarden, if there is a flat available. We have a farmhouse with three rooms- with a shared living room, kitchen and two bathrooms. We also have 4 flats each with their own bedroom, a small kitchen and bathroom.



Transport:

We have our own bus. We go to Thisted and get the members of Enggaarden in the morning and bring them back again in the afternoon.



What you need to do is:

If you are interested you can either speak with your social worker in charge or you can contact us at Enggaarden daily from 8 a.m. to 2 p.m.



Life at Enggaarden:

Enggaarden is a place, where there are a lot of possibilities, an especially great place for people with mental problems/illnesses. Here you learn to have self-confidence and get a better self-esteem. We appreciate the community at Enggaarden very much and make many new friendships. There is room and space for everybody, regardless of mood and pace. The freedom at Enggaarden means a lot to all of us.

Enggaarden is a many-sided workplace. There is work, which needs to be done every day. There is also space for the interests of the individual member of Enggaarden.

We arrange trips, outings, picnics and common arrangements, where everybody can come up with proposals for what would be exciting to do. The community is always the most important thing, because it can be difficult for the individual member to take initiative on their own.

The co-workers are a very important part of Enggaarden. They have an eye for each member and are incredibly good at finding out what mood you are in. You can always get a pat on the back or a hug when you need one.

Martin & Rikke.

Enggaarden is a good place to live. If you need help, you can get it from another member or co-worker. We have a pleasant time together and if you need peace and quiet, you can always go into your room and do what you like to do. There is a good environment at Enggaarden, where you can combine your strengths and weaknesses. We treat each other well and with respect.

Jørgen & Poul Erik.

Enggård
Enggårdsvej 2
Hundborg
7700 Thisted

Tlf. 97 93 72 55

kontor@enggarden.dk

www.enggarden.dk

Find us on Facebook:

Enggaarden Fountainhouse